



Boughton
MEDICAL GROUP

Summer Edition

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Chester

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Staff Update

Congratulations to Dr Harriet Williamson who after 12 months of hard work was approved as a GP Trainer in May 2018. This will now allow a GP Trainee to be placed with Practice (currently expected in Feb 2019).

Hello and Goodbye..... The Reception Team bid farewell to Kim, Stacey and Cathy in June as they leave to pursue their chosen career paths. The team welcome Paula, Courtney and Emma following a successful recruitment campaign.

Practice News

Boundary Changes

Boundary Changes From the 22nd June 2018 we will no longer accept new patients with a post code CH1 5** or CH1 6**. This area includes Mollington, Saughall and Blacon. Existing patients will not be affected by this change unless they move outside of the new boundary.

Travel Vaccinations. If you are planning an overseas trip and are unsure if you require any vaccinations, visit our website www.boughtonhealthcentre.co.uk to complete and submit a travel questionnaire, which will be reviewed by one of our practice nurses. We will contact you within a week to advise if an appointment or vaccinations are required. **Please allow 8 weeks prior to your departure date to enquire about any vaccinations.** For those patients who do not have access to the internet, please call into the surgery to pick up a travel questionnaire.

Annual Pill Checks Patients who are happy with their contraceptive pill, who have had no recent changes in their medical history, or have any personal concerns regarding their contraception can now complete a questionnaire rather book a pill check review with a practice nurse. The questionnaires are available from reception to complete but the patient must provide a blood pressure reading and current weight.

Visit our website www.boughtonhealthcentre.co.uk for information about our services available at the surgery, including **Carers Support Groups, eConsult, Patient Access** and **Electronic Prescribing**. You can also access our latest **Friend and Family Test results** and monthly data on **missed appointments**.

GDPR – What does it mean to our patients?

The new GDPR legislation has been widely reported in the press, and we're sure that you will have been inundated with 'we've updated our privacy policy' messages from all kinds of organisations!

What GDPR means for you as a patient is greater transparency regarding how your data is used within the practice, where it's stored and who it's shared with. If you're curious about what data your medical record consists of, we encourage you to sign up for our Patient Access service which will allow you to view your medical record online as well as book appointments, request prescriptions and update your details.

You can also view our Privacy Policy by going to privacy.boughtonhealthcentre.co.uk

NHS 70

The NHS turns 70 on the 5th July and over the years the NHS has transformed the health and well-being of the nation. It has delivered huge medical advances and improvements in public health, meaning we can all be expected to live longer lives. Thanks to the NHS, diseases like polio and diphtheria have been eradicated and it has pioneered new treatments like the world's first liver, heart and lung transplant.

Looking to the future the NHS is becoming more integrated and investing in new medicines, genetic research and digital technologies like apps and artificial intelligence, which will help ensure we continue to live longer healthier lives

Practice Open Day

A big thank you to all the patients who called into the Practice on Saturday 12th May for our first Open Day and to all the staff, PPG members and Boughton Pharmacy staff who participated in the event. The Open Day allowed patients and staff the opportunity to discuss in a relaxed atmosphere how primary care and 3rd parties can link together and work as a team around the patient, and all the services available which support health and well-being.

Special thanks to Clive Jones (PPG Chair) and the PPG committee members who recruited 10 new members and provided demonstrations on using on line patient access services. Thanks also to the representatives from Bright Life, Carers trust and Arthritis Trust and the staff at Waitrose who kindly provided free refreshments for everyone.

Need an Evening or Weekend Appointment?

Patients can book a routine doctor's appointment up to 2 weeks in advance in the evening or weekend in the Extended Hours Service at various locations in Chester and Cheshire. Extended Hours also offers Phlebotomy, Physio First and Nurse appointments. Appointments can be booked by contacting the surgery or ringing **0300 123 7743** to book an appointment directly. The Extended hours Service clinics times are:

- Monday – Friday 6.30pm – 9.30pm
- Saturday & Sunday 9am – 6pm
opening times vary at different locations
- Bank Holidays 9am -2pm

Patient Participation Group (PPG)

The Boughton Health Centre Patient Participation Group meets twice a year to provide a forum for discussion about the practice. If you are a patient at Boughton Health centre, aged 16 years or over, and feel you can offer a positive contribution to how we can improve the services at the surgery please sign up via our website www.boughtonhealthcentre.co.uk or speak to the Practice Manager for more information.

The Practice's Patient Participation Group (PPG) has organised a virtual email group to make it easier for patients to discuss matters relevant to the practice. If you join you will receive copies of contributions made by other members and will be able to contribute or start topics yourself. If you would like to join the group please email boughtonppg@gmail.com asking to join the group, your name and email address will then be added to the group.

The next PPG meeting at the surgery has been scheduled for Wed 3rd October at 2pm – 3.30pm

Staff Training Dates

The surgery will be closed from 12pm – 5pm for staff training on the afternoons below and there will be no access to the GP surgery during this time:

Tuesday 24th July, Wednesday 22nd August and Thursday 27th September

Appointment bookings, ordering prescriptions and test results will still be available to those patients with on line patient access whilst the surgery is closed. Patients who have appointments at a community clinic will still be able to access the building via the community reception.